



## SAFEGUARDING CONTACTS

**English Curling Welfare Officer:** Nicola Hall

**Role:** First point of contact for welfare, child and adult protection, issues and enquires.

**Contact:** 07479 609210

**Email:** [ecawelfare@gmail.com](mailto:ecawelfare@gmail.com)

## ADDITIONAL INFORMATION AND SUPPORT

Below are a list of additional organisations who can provide support.

### **Children 1st Child Wellbeing and Protection in Sport**

Tel: 0141 419 1156

Website: [www.children1st.org.uk](http://www.children1st.org.uk)

Email: [cwps@children1st.org.uk](mailto:cwps@children1st.org.uk)

### **Sport England – Safeguarding Guidance**

[Safeguarding | Sport England](#)

**Childline** is the NSPCC helpline offering guidance and support to children and young people

Website: [www.childline.org.uk](http://www.childline.org.uk)

Tel: 0800 1111

**Parentline** is run by Children 1st offering guidance and support to adults

Website: Parentline

Tel: 08000 28 22 33

**NSPCC** works to prevent child abuse and offers help, advice and support

Website: [www.nspcc.org.uk](http://www.nspcc.org.uk)

Tel: 0808 800 5000 for adults concerned about a child

**Samaritans** provide a vital lifeline for people and communities

Website: [www.samaritans.org](http://www.samaritans.org)